


FEATURING
Dr. Pamela Trice
of
Christian Counseling Associates

Dr. Pam Trice has worked as a counselor in local churches, community mental health clinics, and Christian counseling centers. She has maintained a private practice since 2005 and continues research in the areas of Evangelical utilization of therapy, spiritual formation, theology of the body/embodiment, and human sexuality. She earned her B.S. in Biblical Studies from Houghton College and her M.A. (psychology) and Psy.D. (clinical psychology) from Fuller Theological Seminary.

 **NORTHEASTERN**
Seminary
at Roberts Wesleyan College

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2265 Westside Drive
Rochester, NY 14624

www.nes.edu

Northeastern Seminary Women's Retreat



CARRYING **LIGHT** INTO DARK PLACES

April 29 – 30, 2011

Abbey of the Genesee
Piffard, NY
www.geneseeabbey.org

A retreat for all the women of Northeastern Seminary *Students, Alumni and Spouses*



Photo: <http://www.geneseabbey.org/>

Our annual women's retreat is an opportunity for **inner restoration** in the beautiful, restful setting of the Abbey of the Genesee. Our theme this year is "*Carrying Light Into Dark Places.*" We will reflect on the darkness of our own lives that prevents us from **living fully free** and in the full light of God. We will also examine the ways we can bring "light" into others' lives and to help **heal the brokenness** in our larger communities. There will be time for **silent prayer** and **reflection, teaching, and group interaction**. The schedule allows for voluntary participation in the monks' services in the Abbey.

***Come join us for a relaxing
and restorative time away!***

SCHEDULE

A primary purpose of this retreat is to facilitate an atmosphere of quiet prayerfulness and rest. We also want to build community and act as a support system to each other's growth in the Lord. We encourage you to participate in as many or as few scheduled activities as you like, so that you are able to enter into a restful retreat atmosphere and at the same time be in community with each other.

Friday, April 29

4 p.m. Arrival
5:30-7:45 Casual supper (serve yourself)
8-8:45 Community gathering time
facilitated by Dr. Beth Gerhardt
8:45 Community time

Saturday, April 30

9 a.m. Breakfast together
10-10:30 Invitation to personal reflection
10:30-12 p.m. Free time
12-1:30 Casual lunch
1:30-3 Silence
3-3:30 Community reflection/closing

Note that the following liturgical prayer services at the monastery sanctuary are open for your optional participation as well. We do encourage you to attend at least one service.

Friday

4:30 p.m. Vespers
6:40 Compline

Saturday

2:25 a.m. Vigils
6:00 Lauds
11:15 Sext
4 p.m. Vespers & Mass
6:40 Compline

REGISTRATION

Cost: \$65 payable to
Northeastern Seminary
Deposit of \$35 due March 18

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Church _____

**Please send completed form
and payment to:**

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